

HITS (HURT, INSULT, THREATEN, SCREAM) SCREENING TOOL FOR DOMESTIC VIOLENCE

Place a CHECK MARK (✓) next to the answer that indicates the frequency in which your partner acts in the way depicted in this past **month**.

Please speak to your health care provider if need help, regardless of the score.

This screening tool will help identify if extra support is needed. resources below

1. HOW OFTEN DOES YOUR PARTNER PHYSICALLY HURT YOU?

Never _____ (1)
Rarely _____ (2)
Sometimes _____ (3)
Fairly often _____ (4)
Frequently _____ (5)

2. HOW OFTEN DOES YOUR PARTNER INSULT OR TALK DOWN TO YOU?

Never _____ (1)
Rarely _____ (2)
Sometimes _____ (3)
Fairly often _____ (4)
Frequently _____ (5)

3. HOW OFTEN DOES YOUR PARTNER THREATEN YOU WITH HARM?

Never _____ (1)
Rarely _____ (2)
Sometimes _____ (3)
Fairly often _____ (4)
Frequently _____ (5)

4. HOW OFTEN DOES YOUR PARTNER SCREAM OR CURSE AT YOU?

Never _____ (1)
Rarely _____ (2)
Sometimes _____ (3)
Fairly often _____ (4)
Frequently _____ (5)

A score of greater than 10 is considered positive.



FINAL SCORE:

WHAT NEXT?

HANDLING POSTIVE SCREENINGS:

- If a patient screens positive for HITS (Hurt, Insult, Threaten, Scream) indicating potential intimate partner violence (IPV):
- Immediate Response: Providers can call the Virginia statewide hotline at 1-800-838-8238 to connect the patient with an advocate from the Virginia Sexual and Domestic Violence Action Alliance. More information is available on their website.
- Crisis Response for IPV: If the patient is in immediate crisis and needs alternate housing, advocates will assist in finding short-term solutions such as staying with a family member or friend, arranging a bus ticket to stay with family, or, as a last resort, offering shelter or hotel accommodations.
- Non-Crisis Response for IPV: If the patient is not in immediate crisis, advocates will work with them to develop a safety plan and connect them with local resources for ongoing support.